

## ABSTRACT OF THE DISCLOSURE

5       A free-standing plant support for use with an open-topped plant container for a  
growing plant. The plant support has a vertical support member that is rigidly and  
preferably permanently attached at its lower end to an anchor member which extends  
horizontally away from the vertical support member. The anchor member is placed  
into the base of a plant container which is then filled with a mass of plant growth  
material. The vertical support member is grippable by hand adjacent the upper end.  
10   The vertical support member cooperates with the anchor member to facilitate lifting  
and transportation of the container filled with the mass of growth medium. The  
vertical support member also cooperates with a de-mountable horizontal support  
member made of a resilient springy material to contain and support plant material  
growing within the plant support. The invention also relates to a combination of the  
15   plant support with a container for plants.